

# AM I AT RISK FOR FATTY LIVER DISEASE? 10 QUESTIONS TO ASK MY DOCTOR

- 1 I am living with diabetes (and/or obesity, high cholesterol) - should I be checked for **fatty liver disease/NASH**?
- 2 Have you excluded other potential **causes** of liver damage?
- 3 How do I know my condition is getting **worse**?
- 4 Do I really need a **liver biopsy**?
- 5 What do I need to change about my **diet/exercise** regimen?



- 6 Can fatty liver disease be reversed or will this be a **lifelong condition**?
- 7 What are my options for **treatment** beyond diet and exercise?
- 8 Have you checked if I have any liver scarring (fibrosis) using **non-invasive tests**?
- 9 Should I keep taking my **statins** and/or **diabetes medications**?
- 10 Can I participate in a **clinical trial**?

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